

# ASE's JCSSI - SAMPLE

## SCHEDULE (Week 1) | SAMPLE GROUP

|                                                                                        | DAY 1                                           | DAY 2                           | DAY 3                                           | DAY 4                           | DAY 5                                           |
|----------------------------------------------------------------------------------------|-------------------------------------------------|---------------------------------|-------------------------------------------------|---------------------------------|-------------------------------------------------|
| 9.15 AM                                                                                | STUDIO OPEN                                     |                                 |                                                 |                                 |                                                 |
| 9.45 - 11.15 AM                                                                        | CLASSICAL TECHNIQUE<br>Studio 1                 | CLASSICAL TECHNIQUE<br>Studio 2 | CLASSICAL TECHNIQUE<br>Studio 1                 | CLASSICAL TECHNIQUE<br>Studio 2 | CLASSICAL TECHNIQUE<br>Studio 1                 |
|                                                                                        | Break                                           |                                 |                                                 |                                 |                                                 |
| 11.30 - 12.30 PM                                                                       | POINTE<br>Studio 1                              | POINTE<br>Studio 2              | POINTE<br>Studio 1                              | POINTE<br>Studio 2              | POINTE<br>Studio 1                              |
|                                                                                        | Lunch                                           |                                 |                                                 |                                 |                                                 |
| 2.00 - 3.15 PM<br>WK #2 -Days for<br>Repertoire &<br>Contemporary<br>Classes Alternate | CLASSICAL REPERTOIRE<br>(group A)<br>Studio 1 A | CONTEMPORARY<br>Studio 2        | CLASSICAL REPERTOIRE<br>(group A)<br>Studio 1 A | CONTEMPORARY<br>Studio 2        | CLASSICAL REPERTOIRE<br>(group A)<br>Studio 1 A |
|                                                                                        | CLASSICAL REPERTOIRE<br>(Group B)<br>Studio 1 B |                                 | CLASSICAL REPERTOIRE<br>(Group B)<br>Studio 1 B |                                 | CLASSICAL REPERTOIRE<br>(Group B)<br>Studio 1 B |
|                                                                                        | CLASSICAL REPERTOIRE<br>(Group C)<br>Studio 1 C |                                 | CLASSICAL REPERTOIRE<br>(Group C)<br>Studio 1 C |                                 | CLASSICAL REPERTOIRE<br>(Group C)<br>Studio 1 C |
|                                                                                        | Break                                           |                                 |                                                 |                                 |                                                 |
| 4.15 - 5.30 PM                                                                         | PARTNERING<br>Studio 3                          | PARTNERING<br>Studio 3          | PARTNERING<br>Studio 3                          | PARTNERING<br>Studio 3          | PARTNERING<br>Studio 3                          |

\* schedule / class assignments may change during the first few days.

\*\* Studios open at 9:15am for individual stretch and warm-up. (NOTE: If you have any body creams, you are asked NOT to lay on floors without a towel.)

\*\*\* No food or drinks (other than water) in the studios.

\*\*\*\* No rosin or any other substances on pointe shoes. Studios have quality non-slip floors. No street shoes in studios.

\*\*\*\*\* Wk 3 > Mon - Thurs; EXTENDED DAY - AFTERNOON REHEARSALS FOR FINAL PERFORMANCE